

PERSONAL TRAINER

23-24/2/2019	Aosta
23-24/2/2019	Firenze
23-24/2/2019	Milano
23-24/2/2019	Roma
23-24/2/2019	Torino
23-24/2/2019	Udine
2-3/3/2019	Catania
2-3/3/2019	Massa Carrara
2-3/3/2019	Napoli
2-3/3/2019	Novara
9-10/3/2019	Brescia
9-10/3/2019	Cagliari
9-10/3/2019	Palermo
9-10/3/2019	Verona
16-17/3/2019	Bari
16-17/3/2019	Genova
16-17/3/2019	Vicenza
23-24/3/2019	Bologna
23-24/3/2019	Lecce
23-24/3/2019	Padova
23-24/3/2019	Udine
30-31/3/2019	Firenze
30-31/3/2019	Milano
30-31/3/2019	Roma
6-7/4/2019	Mantova
6-7/4/2019	Torino
13-14/4/2019	Bari
13-14/4/2019	Brescia
13-14/4/2019	Catania
13-14/4/2019	Genova
13-14/4/2019	Lecce
13-14/4/2019	Milano
13-14/4/2019	Parma
13-14/4/2019	Pescara
13-14/4/2019	Verona

27-28/4/2019	Bologna
27-28/4/2019	Napoli
27-28/4/2019	Padova
27-28/4/2019	Palermo
27-28/4/2019	Pesaro
27-28/4/2019	Roma
27-28/4/2019	Trento
27-28/4/2019	Udine
11-12/5/2019	Cagliari
18-19/5/2019	Firenze
15-16/6/2019	Lecce

PERSONAL TRAINER - II LIVELLO

2-3/3/2019	Genova
16-17/3/2019	Bologna
16-17/3/2019	Brescia
16-17/3/2019	Lecce
16-17/3/2019	Padova
16-17/3/2019	Palermo
16-17/3/2019	Pesaro
23-24/3/2019	Milano
23-24/3/2019	Roma
23-24/3/2019	Torino
6-7/4/2019	Firenze
13-14/4/2019	Napoli
27-28/4/2019	Bari
27-28/4/2019	Genova
4-5/5/2019	Cagliari
4-5/5/2019	Verona
11-12/5/2019	Catania
18-19/5/2019	Pescara
18-19/5/2019	Udine

PERSONAL TRAINER - III LIVELLO

13-14/4/2019	Torino
8-9/6/2019	Bologna
8-9/6/2019	Brescia
8/6/2019	Brescia
15-16/6/2019	Milano

15-16/6/2019	Roma
15-16/6/2019	Verona
22-23/6/2019	Firenze
22-23/6/2019	Padova
22-23/6/2019	Udine
22/6/2019	Udine
29-30/6/2019	Bari
29-30/6/2019	Cagliari
29-30/6/2019	Catania
6-7/7/2019	Napoli
13-14/7/2019	Pesaro

ALIMENTAZIONE E INTEGRAZIONE SPORTIVA

2-3/3/2019	Catania
2-3/3/2019	Roma
2-3/3/2019	Verona
9-10/3/2019	Milano
30-31/3/2019	Bari
6-7/4/2019	Napoli
6-7/4/2019	Padova
6-7/4/2019	Torino
13-14/4/2019	Bologna
13-14/4/2019	Roma
27-28/4/2019	Firenze
4-5/5/2019	Milano
18-19/5/2019	Catania
25-26/5/2019	Bari

FITNESS MOTIVAZIONALE

8-9/6/2019	Bologna
15/6/2019	Lecce
15/6/2019	Milano
15/6/2019	Roma
15/6/2019	Verona
22/6/2019	Firenze
22-23/6/2019	Padova
29/6/2019	Bari
29/6/2019	Cagliari
29/6/2019	Catania

6/7/2019	Napoli
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COMUNICAZIONE, MARKETING E VENDITA PER PERSONAL TRAINER E ISTRUTTORI

6-7/4/2019	Roma
27-28/4/2019	Milano

ISTRUTTORE GINNASTICA POSTURALE

23-24/2/2019	Milano
23-24/2/2019	Palermo
23-24/2/2019	Roma
23-24/2/2019	Verona
2-3/3/2019	Padova
9-10/3/2019	Bari
9-10/3/2019	Bologna
9-10/3/2019	Brescia
9-10/3/2019	Genova
16-17/3/2019	Catania
23-24/3/2019	Firenze
23-24/3/2019	Pesaro
30-31/3/2019	Milano
30-31/3/2019	Roma
30-31/3/2019	Torino
30-31/3/2019	Trieste
30-31/3/2019	Udine
6-7/4/2019	Bari
6-7/4/2019	Napoli
6-7/4/2019	Padova
6-7/4/2019	Verona
13-14/4/2019	Bologna
13-14/4/2019	Cagliari
13-14/4/2019	Catania
27-28/4/2019	Firenze
27-28/4/2019	Genova
27-28/4/2019	Milano
27-28/4/2019	Pescara
27-28/4/2019	Roma
4-5/5/2019	Lecce
4-5/5/2019	Torino

ISTRUTTORE GINNASTICA POSTURALE - II LIVELLO

23-24/2/2019	Trieste
2-3/3/2019	Genova
9-10/3/2019	Napoli
16-17/3/2019	Firenze
16-17/3/2019	Milano
16-17/3/2019	Roma
23-24/3/2019	Lecce
23-24/3/2019	Padova
23-24/3/2019	Torino
4-5/5/2019	Udine
11-12/5/2019	Bari
11-12/5/2019	Pescara
11-12/5/2019	Verona
18-19/5/2019	Cagliari
18-19/5/2019	Catania
25-26/5/2019	Bologna

ISTRUTTORE GINNASTICA POSTURALE - III LIVELLO

25-26/5/2019	Firenze
8-9/6/2019	Lecce
8-9/6/2019	Torino
15-16/6/2019	Padova
22-23/6/2019	Milano
22-23/6/2019	Roma
29-30/6/2019	Bari
6-7/7/2019	Bologna
6-7/7/2019	Catania

ANALISI DELLA POSTURA

2-3/3/2019	Roma
16-17/3/2019	Padova
23-24/3/2019	Milano

ISTRUTTORE GINNASTICA POSTURALE IN GRAVIDANZA

2-3/3/2019	Milano
2-3/3/2019	Torino
9-10/3/2019	Catania

9-10/3/2019	Roma
13-14/4/2019	Padova
11-12/5/2019	Milano

ISTRUTTORE STRETCHING

23-24/2/2019	Padova
6-7/4/2019	Milano
6-7/4/2019	Roma
4-5/5/2019	Padova

MENTAL TRAINING E POSTURA

2-3/3/2019	Milano
23-24/3/2019	Roma
6-7/4/2019	Padova
13-14/4/2019	Trieste
27-28/4/2019	Padova
18-19/5/2019	Roma

OPERATORE TAPING POSTURALE E SPORTIVO

23-24/2/2019	Milano
9-10/3/2019	Roma
23-24/3/2019	Bologna
30-31/3/2019	Milano
11-12/5/2019	Padova

OPERATORE TAPING POSTURALE E SPORTIVO - II LIVELLO

8-9/6/2019	Roma
15-16/6/2019	Milano

POSTURA E PIEDE: TECNICHE DI EQUILIBRIO

16-17/3/2019	Roma
13-14/4/2019	Milano
8-9/6/2019	Catania
8-9/6/2019	Padova

TECNICHE POSTURALI NELLE SCOLIOSI

9-10/3/2019	Milano
6-7/4/2019	Bologna
6-7/4/2019	Catania
13-14/4/2019	Roma

12-13/5/2019	Padova
18-19/5/2019	Verona

ISTRUTTORE FITNESS E BODY BUILDING - II LIVELLO

23-24/2/2019	Catania
23-24/3/2019	Milano
11-12/5/2019	Roma
25-26/5/2019	Padova

BIOMECCANICA DEGLI ESERCIZI FISICI

2-3/3/2019 e 6-7/4/2019	Bari
6-7/4/2019 e 4-5/5/2019	Roma
13-14/4/2019 e 11-12/5/2019	Milano
18-19/5/2019 e 15-16/6/2019	Genova
18-19/5/2019 e 15-16/6/2019	Padova

ISTRUTTORE FITNESS E BODY BUILDING

23-24/2/2019	Lecce
23-24/2/2019	Milano
23-24/2/2019	Padova
2-3/3/2019	Bologna
2-3/3/2019	Pescara
2-3/3/2019	Verona
9-10/3/2019	Firenze
9-10/3/2019	Torino
16-17/3/2019	Catania
16-17/3/2019	Milano
23-24/3/2019	Genova
23-24/3/2019	Napoli
23-24/3/2019	Roma
30-31/3/2019	Bari
30-31/3/2019	Cagliari
30-31/3/2019	Napoli
30-31/3/2019	Padova
30-31/3/2019	Verona
6-7/4/2019	Bologna
6-7/4/2019	Palermo
6-7/4/2019	Trento
6-7/4/2019	Udine

13-14/4/2019	Firenze
13-14/4/2019	Mantova
13-14/4/2019	Torino
27-28/4/2019	Catania
27-28/4/2019	Milano
27-28/4/2019	Roma
4-5/5/2019	Pescara
25-26/5/2019	Padova
25-26/5/2019	Padova

ISTRUTTORE ALLENAMENTO FEMMINILE

16-17/3/2019	Milano
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ISTRUTTORE FITNESS PER BAMBINI

2-3/3/2019	Firenze
2-3/3/2019	Torino
9-10/3/2019	Roma
16-17/3/2019	Bari
16-17/3/2019	Milano
16-17/3/2019	Padova
16-17/3/2019	Verona
30-31/3/2019	Catania
11-12/5/2019	Milano

ISTRUTTORE FITNESS PER IL DIMAGRIMENTO

23-24/2/2019	Milano
2-3/3/2019	Roma
9-10/3/2019	Padova
11-12/5/2019	Roma

ISTRUTTORE FITNESS PER LA TERZA ETÀ

23-24/2/2019	Bologna
23-24/2/2019	Padova
2-3/3/2019	Verona
9-10/3/2019	Roma
30-31/3/2019	Firenze
6-7/4/2019	Milano
18-19/5/2019	Padova

ISTRUTTORE MENTAL TRAINING

13-14/4/2019	Roma
11-12/5/2019	Milano
8-9/6/2019	Padova

ISTRUTTORE AEROBICA E STEP

23-24/2/2019	Catania
2-3/3/2019	Firenze
9-10/3/2019	Roma
16-17/3/2019	Torino
23-24/3/2019	Bari
23-24/3/2019	Padova
6-7/4/2019	Milano
6-7/4/2019	Roma
13-14/4/2019	Verona
4-5/5/2019	Bologna

ISTRUTTORE GAG

23-24/2/2019	Padova
9-10/3/2019	Milano
9-10/3/2019	Roma
23-24/3/2019	Verona
27-28/4/2019	Milano
27-28/4/2019	Padova
27-28/4/2019	Roma

ISTRUTTORE FITBOXE

23-24/2/2019	Bari
16-17/3/2019	Roma
23-24/3/2019	Milano
6-7/4/2019	Padova
13-14/4/2019	Milano
25-26/5/2019	Verona

ISTRUTTORE TOTAL BODY

2-3/3/2019	Roma
9-10/3/2019	Milano
16-17/3/2019	Padova

B&T – BOXE BALANCE & TRYBAL TRAINING

9-10/3/2019	Roma
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ISTRUTTORE ACQUAGYM

23-24/2/2019	Firenze
9-10/3/2019	Padova
9-10/3/2019	Roma
16-17/3/2019	Milano
27-28/4/2019	Torino

ISTRUTTORE HYDROBIKE

4-5/5/2019	Milano
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ISTRUTTORE ALLENAMENTO FUNZIONALE

23-24/2/2019	Genova
23-24/2/2019	Napoli
23-24/2/2019	Roma
2-3/3/2019	Milano
9-10/3/2019	Bari
9-10/3/2019	Bologna
9-10/3/2019	Padova
16-17/3/2019	Cagliari
16-17/3/2019	Trento
23-24/3/2019	Firenze
23-24/3/2019	Torino
23-24/3/2019	Verona
30-31/3/2019	Roma
6-7/4/2019	Milano
6-7/4/2019	Pisa
13-14/4/2019	Napoli
13-14/4/2019	Padova
27-28/4/2019	Bologna
4-5/5/2019	Bari
4-5/5/2019	Catania
4-5/5/2019	Roma
25-26/5/2019	Pescara

ISTRUTTORE ALLENAMENTO FUNZIONALE - II LIVELLO

16-17/3/2019	Pisa
6-7/4/2019	Roma
13-14/4/2019	Ferrara
11-12/5/2019	Milano

GET! INSTRUCTOR

16-17/3/2019	Milano
30-31/3/2019	Torino

ISTRUTTORE ALLENAMENTO CALISTENICO

2-3/3/2019	Padova
30-31/3/2019	Milano
30-31/3/2019	Roma

ISTRUTTORE ALLENAMENTO IN SOSPENSIONE

23-24/2/2019	Verona
2-3/3/2019	Torino
23-24/3/2019	Roma
30-31/3/2019	Milano
27-28/4/2019	Padova

ISTRUTTORE HIIT

23-24/2/2019	Roma
11-12/5/2019	Milano

ISTRUTTORE KETTLEBELL

2-3/3/2019	Padova
13-14/4/2019	Milano

PREPARATORE ATLETICO E SPORTIVO

16-17/3/2019 e 13-14/4/2019	Roma
30-31/3/2019 e 27-28/4/2019	Genova
30-31/3/2019 e 4-5/5/2019	Milano
13-14/4/2019 e 11-12/5/2019	Padova

ISTRUTTORE PILATES

9-10/3/2019 e 13-14/4/2019	Catania
16-17/3/2019 e 13-14/4/2019	Milano
16-17/3/2019 e 13-14/4/2019	Roma
30-31/3/2019 e 27-28/4/2019	Bologna

30-31/3/2019 e 27-28/4/2019	Padova
30-31/3/2019 e 27-28/4/2019	Torino
6-7/4/2019 e 4-5/5/2019	Firenze
13-14/4/2019 e 11-12/5/2019	Bari
27-28/4/2019 e 18-19/5/2019	Napoli
27-28/4/2019 e 25-26/5/2019	Verona

ISTRUTTORE PILATES - II LIVELLO

6-7/4/2019 e 11-12/5/2019	Verona
27-28/4/2019 e 25-26/5/2019	Milano
27-28/4/2019 e 25-26/5/2019	Roma
18-19/5/2019 e 15-16/6/2019	Padova

ISTRUTTORE PILATES REFORMER

2-3/3/2019 e 6-7/4/2019	Roma
23-24/3/2019 e 27-28/4/2019	Milano

ISTRUTTORE HATHA YOGA PER IL FITNESS

9-10/3/2019	Milano
9-10/3/2019	Roma
30-31/3/2019	Catania
30-31/3/2019	Firenze
30-31/3/2019	Padova
30-31/3/2019	Verona
6-7/4/2019	Torino
13-14/4/2019	Bologna
13-14/4/2019	Padova
11-12/5/2019	Torino
18-19/5/2019	Bari

ISTRUTTORE HATHA YOGA PER IL FITNESS - II LIVELLO

23-24/3/2019	Bologna
6-7/4/2019	Catania
13-14/4/2019	Roma
27-28/4/2019	Firenze
27-28/4/2019	Padova
4-5/5/2019	Milano